

## Volunteer Opportunities

at Ulster County Community Service Agencies including:

### DISABILITY SERVICES

- Gateway Community Industries. 331-1261.
- Resource Center for Accessible Living, Inc.. 331-0541.

### EDUCATION/ARTS

- UCCAC, Inc. Early Head Start/Head Start. 338-8750 ext. 118.
- Ulster Literacy Association. Tutor Training Workshops. 331-6837.
- United Way Ulster County. Loaned Executives. 331-4199.

### EMERGENCY SERVICES

- American Red Cross - Ulster County Chapter. 338-7020.
- Caring Hands Soup Kitchen, Kingston. Mon-Fri 10am-1pm. 331-7188.
- Daily Bread Soup Kitchen, Woodstock. Mon, Wed, Fri 4-6pm. 679-2336.
- Family Domestic Violence Services. 331-7080 ext.127.
- Family of Woodstock 679-2485 Ellenville 647-2443 New Paltz 255-8801.
- Farms to Food Pantries Hunger Prevention Coalition 481-0331.
- People's Place Food Pantry, Kingston. 338-4030.
- Pine Hill Area Community Supper and Food Giveaway. 254-5304.
- Queens Galley Soup Kitchen/Cooking with Kids - 338-3468.
- Rosendale Food Pantry. Mon 9am-1pm, Sat 10am-12pm. 658-9385.
- Ulster County Volunteer Fire/EMS Organizations. 331-7000.

### GREEN ENERGY/SUSTAINABILITY

- Cornell Cooperative Extension - Ulster County. 344-1234.
- Hudson Valley Materials Exchange. 567-1445.
- Sustainable Hudson Valley. 384-1061.

### HEALTH SERVICES

- Angel Food East - meal delivery to people with HIV/AIDS. 338-4139.
- Benedictine Hospital Oncology Support House. 334-3044.
- Hospice, Inc. 338-5397 ext. 2207.

### SENIOR SERVICES

- Jewish Family Services of Ulster County. 338-2980.
- RSVP Volunteer Program of Ulster County, NY for Seniors. 339-2181.
- Woodstock Area Meals on Wheels. 688-2254.

### WILDLIFE & ANIMAL WELFARE

- Catskill Animal Sanctuary, Saugerties. 336-8447.
- Rondout Valley Animals for Adoption . 687-7619.
- UCSPCA . Monthly new volunteer orientations. 331-5377.
- Woodstock Farm Animals Sanctuary. 679-5955.

### YOUTH SERVICES

- Big Brothers Big Sisters of Ulster County. 338-0431 ext. 238.
- Girl Scouts Heart Of The Hudson, Inc. 452-1810.
- Healthy Kingston for Kids. Community Gardens + More. 331-1682.

Details/RSVP/Additional Opportunities: [www.ulstercorps.org](http://www.ulstercorps.org)  
Please let us know about additional service opportunities.

# Give an hour — get back a lot more.

In these tough financial times Service Agencies in Ulster County must depend on **volunteers** now more than ever to keep afloat. **UlsterCorps** is a new initiative which connects volunteers with service opportunities in Ulster County. Whenever you can offer an hour or more of your time, there is a local agency or project that could use your help.

Join our community of Ulster County residents who are reaching out to help people and projects in need:

[www.ULSTERCORPS.org](http://www.ULSTERCORPS.org)  
info@ulstercorps.org | 845 481 0331  
PO Box 34 Stone Ridge, NY 12484

**STOREFRONT FOR SERVICE**  
292 Main Street Rosendale, NY 12472



Building a  
Culture of  
Volunteerism  
and Service in  
Ulster County

## **BUILDING A CULTURE OF VOLUNTEERISM AND SERVICE IN ULSTER COUNTY**

UlsterCorps works with service agencies to encourage the use of volunteers, facilitate successful volunteer placements, and nurture collaborations among service organizations throughout Ulster County. UlsterCorps partners with schools, civic and religious organizations, other nonprofit agencies and business volunteer programs. We are dedicated to fostering a spirit of service in all age groups, with a deep commitment to engaging high school and college age students.

### **WHY ULSTERCORPS?**

In times of both hardship and well-being, volunteerism is central to sustaining healthy and resilient communities. UlsterCorps builds on this country's historic and unique tradition of volunteering. It is locally-based and founded on the understanding that effective volunteer placements and successful agency collaborations are built on a knowledge of local needs and of the culture of community organizations. They are also based on the ability to develop respectful relationships with representatives of local agencies. During its first year of operation, UlsterCorps has worked successfully to gain the trust and appreciation of volunteers and community organizations throughout the county.

For more information visit our website  
[www.ulstercorps.org](http://www.ulstercorps.org)



## **ULSTERCORPS WORKS TO FULFILL ITS MISSION THROUGH FOUR KEY AREAS:**

**Promoting Volunteer Opportunities:** UlsterCorps provides a centralized, easy to use and up-to-date clearinghouse of volunteer opportunities for interested individuals throughout Ulster County. It includes descriptions of skills, knowledge and time commitment needed; contact information; wish lists, and special events notifications. Postings for activities accommodate all interests, skill-sets, ages, and time availability. The site receives over 11,000 visits per month.

**Nonprofit Agency Support:** UlsterCorps responds to emergency, short- and long-term volunteer needs of over 100 local organizations by posting descriptions of requested volunteer assistance and by contacting volunteers registered with UlsterCorps' skills bank who have the specific expertise needed. Through its volunteer resources, UlsterCorps enhances the service of community agencies.

**Program Collaborations:** UlsterCorps serves as a bridge, facilitator and organizing agent between a host of community services, religious organizations, service clubs and government agencies. The development of collaborative programs helps to advance activities that a single agency may not have sufficient resources to initiate or handle on its own. UlsterCorps assists in identifying and bringing together viable and valuable prospective collaborators, recruiting needed volunteers, and disseminating information. This year UlsterCorps has engaged over 25 agencies and helped to launch over 37 events through six collaborative projects.

**Communication & Outreach:** UlsterCorps provides an interactive forum where members of the community can find news about volunteer actions around the county, explore a calendar of events, post specific needs and share information about their volunteer experiences. Through its use of information and communications technologies, UlsterCorps can quickly reach out to its 2000 person mailing list and provide its services in a very cost effective and efficient way.



## **COMMUNITY COLLABORATIONS + SEASONAL EVENTS:**

### **Summer: HARVESTING A LIFETIME Living History Project**

The "Harvesting a Lifetime Living History Project," is a summer collaborative, countywide inter-generational oral history project. Volunteers, from high school age on up, interview and record the memories, stories and history of seniors from the community. 39 volunteer interviewers and videographers interviewed 68 people at 12 sites. Interviews were held at community centers, churches, synagogues, nursing homes and senior centers. Excerpts are featured on UlsterCorps' website.

### **Fall: FARMS TO FOOD PANTRIES PROJECT**

UlsterCorps is a member of the Ulster County Hunger Prevention Coalition, bringing together local workers and volunteers from Community Gardens and Farms, Gleaners, Processors, Storage Facilities, Food Pantries and Soup Kitchens to help make the connections to feed more people in our communities. UlsterCorps is responsible for building a corps of volunteers to assist in growing, gleaning, processing and transporting food from farms to food pantries. This Fall UlsterCorps recruited and organized volunteers for six Farms to Food Pantries events which brought over 4000lbs of fresh apples and corn, 750qts of applesauce and 50 gallons of cider to 19 local pantries and soup kitchens.

### **Winter: ULSTERCORPS COAT + WINTER WISH LIST DRIVE**

UlsterCorps collects donations of new or gently used coats, suits, hats, mittens, holiday gifts and other agency wish list items for those in need at our Storefront for Service in Rosendale. A local dry cleaner also serves as a collection point and cleans all donations for free. In 2009, donations were distributed to 11 local agencies.

### **Spring: ULSTERCORPS SERVICE SUMMIT**

UlsterCorps is organizing a Service Summit with representatives from the nonprofit, business and governmental sectors to address the state and value of volunteerism in the county. The Summit will foster the understandings, skills and collaborative networks necessary to more fully engage the considerable human capacity for service present in Ulster County. We plan to develop a resource databank on the state of volunteer service, including examples of best practices and strategies to address obstacles to effective engagement of volunteers.