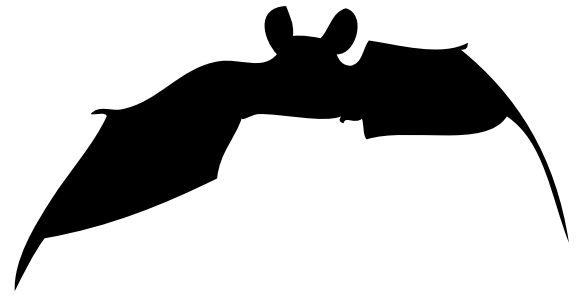


# ULSTERCORPS SERVICE SPRINT

SPRINT FOR SERVICE

SATURDAY  
OCTOBER 29,  
2011  
11AM

AT WILLIAMS LAKE



Last Name \_\_\_\_\_ First \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

e-mail \_\_\_\_\_ Sex M \_\_\_\_\_ F \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Register with this mail-in form or online @ [ulstercorps.org](http://ulstercorps.org)

**5 MILE RACE**

Kids Fun Run

Fitness Walk/Hike

Birthdate \_\_\_\_|\_\_\_\_|\_\_\_\_ Race Day Age \_\_\_\_\_

Pre-Registration (no t-shirt): \$10 \_\_\_\_\_

Pre-Registration (with t-shirt): \$15 \_\_\_\_\_

Day-Of Registration (no t-shirt): \$15 \_\_\_\_\_

Day-Of Registration (with t-shirt): \$20 \_\_\_\_\_

Team Price (min. 3 members) (no t-shirt): \$8 \_\_\_\_\_

Team Price (min. 3 members) (with t-shirt): \$12 \_\_\_\_\_

Each team member must fill out individual registration form.

I would also like to make a donation of \_\_\_\_\_ to help volunteerism thrive in Ulster County.

Shirt size sm \_\_\_\_\_ med \_\_\_\_\_ lg \_\_\_\_\_ xl \_\_\_\_\_

Checks payable to UlsterCorps Mail to: PO Box 34 . Stone Ridge, NY 12484

In consideration of the acceptance of this entry, I waive all claims for myself, my heirs and assigns against the sponsors, cooperating and coordinating groups and any individuals associated with the event and will hold them harmless for any and all injuries which may result from my participation. I further state that I am in proper physical condition to participate in this race. I also hereby give my permission to the media to use my name and/or picture in any newspaper, broadcast, telecast or any other account of this event without limitation and without any obligation of anyone to compensate me further. Please note there is no swimming in Williams Lake.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent's Signature (if under 18) \_\_\_\_\_

**ALL PROCEEDS BENEFIT ULSTERCORPS,  
WHOSE MISSION IS TO INCREASE  
VOLUNTEERISM IN ULSTER COUNTY.**

**[www.ulstercorps.org](http://www.ulstercorps.org)**