

# 5<sup>th</sup> ANNUAL ULSTERCORPS SERVICE SPRINT

# and Zombie Escape

**SATURDAY  
NOVEMBER 1, 2014  
11AM** RAINDATE NOV 2ND  
AT WILLIAMS LAKE  
ROSENDALE, NY

Last Name \_\_\_\_\_ First \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

e-mail \_\_\_\_\_ Sex M \_\_\_\_\_ F \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

**5K Race & Zombie Escape**     1K Kids Fun Run (FREE!)     1K Fitness Walk/Hike

Birthdate \_\_\_\_ | \_\_\_\_ | \_\_\_\_      Race Day Age \_\_\_\_\_

Pre-Registration by 10/15 (with t-shirt): \$20 \_\_\_\_\_

Pre-Registration after 10/15 (no t-shirt): \$20 \_\_\_\_\_

Day-Of Registration (no t-shirt): \$25 \_\_\_\_\_

Team Price Per Person by 10/15 (no t-shirt): \$15 \_\_\_\_\_

Minimum 3 members per team. Each team member must fill out an individual registration form.

I would also like to make a donation of \_\_\_\_\_ to help volunteerism thrive in Ulster County.

Shirt size xs \_\_\_\_\_ sm \_\_\_\_\_ med \_\_\_\_\_ lg \_\_\_\_\_ xl \_\_\_\_\_

A limited number of t-shirts will be available for purchase the day of the event.

Please make checks payable to UlsterCorps and mail to: PO Box 34 . Stone Ridge, NY 12484

In consideration of the acceptance of this entry, I waive all claims for myself, my heirs and assigns against the sponsors, cooperating and coordinating groups and any individuals associated with the event and will hold them harmless for any and all injuries which may result from my participation. I further state that I am in proper physical condition to participate in this race. I also hereby give my permission to the media to use my name and/or picture in any newspaper, broadcast, telecast or any other account of this event without limitation and without any obligation of anyone to compensate me further. Please note there is no swimming in Williams Lake.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent's Signature (if under 18) \_\_\_\_\_

**ALL PROCEEDS BENEFIT ULSTERCORPS,  
WHOSE MISSION IS TO INCREASE  
VOLUNTEERISM IN ULSTER COUNTY.**

**[www.ulstercorps.org](http://www.ulstercorps.org)**