

Volunteer Opportunities

at Ulster County Community Service Agencies including:

EDUCATION/ARTS

- Center for Creative Education (845) 338-7664
- Mentor Me of Ulster County (845) 481-2296
- Raising HOPE Women's Mentoring (845) 559-5656
- Rosendale Theatre Collective (845) 658-8989
- Ulster Literacy Association Tutor Training (845) 331-6837

EMERGENCY SERVICES

- American Red Cross - Mid-Hudson Valley (845) 471-0200
- Family of Woodstock 24/7 Hotline (845) 679-2485; Domestic Violence Services (845) 331-7080 ext.127
- Ulster County Volunteer Fire/EMS Squads (845) 331-7000

FOOD PANTRIES/COMMUNITY MEAL PROGRAMS

- Angel Food East (845) 338-4139
- Family of Woodstock (845) 679-2485; Family of Ellenville (845) 647-2443; Family of New Paltz (845) 255-8801
- People's Place (845) 338-4030
- Ulster County Community Action (845) 338-8750
- Ulster Immigrant Defense Network (888) 726-7276

GREEN ENERGY/SUSTAINABILITY

- Cornell Cooperative Extension (845) 344-1234
- Habitat for Humanity ReStore (845) 853-7499
- Mohonk Preserve, New Paltz (845) 255-0919x241
- Repair Cafe Hudson Valley (646) 302-5835
- Ulster Farm to Food Pantry Collaborative (845) 481-0331

HEALTH SERVICES

- Alzheimer's Association, Hudson Valley (800) 272-3900
- Holistic Health Community (845) 867-7008
- Hudson Valley Hospice, Inc. (845) 338-5397x2207
- Mental Health Assoc. COMPEER Program (845) 339-9090
- Oncology Support Program of HAHV (845) 339-2071

SENIOR SERVICES

- Jewish Family Services of Ulster County (845) 338-2980
- Ulster County Office for the Aging (845) 802-7935
- Woodstock Area Meals on Wheels (845) 679-4656

WILDLIFE & ANIMAL WELFARE

- Ulster County Animal Response Team (845) 379-1098
- UCSPCA (845) 331-5377

YOUTH SERVICES

- Court Appointed Special Advocates (845) 372-8771
- Everette Hodge Community Center (845) 331-1110
- Girl Scouts Heart Of The Hudson (845) 452-1810
- YWCA's Children's Center at Family Court (845) 338-0714

Details/Additional Opportunities: www.ulstercorps.org
Please let us know about additional service opportunities

Give an hour — get back a lot more.



UlsterCorps connects volunteers with service opportunities throughout Ulster County. Join our community of Ulster County residents who are reaching out to help people and projects in need:

www.ULSTERCORPS.org
volunteer@ulstercorps.org
845 481 0331



Building a Culture of Volunteerism and Service in Ulster County





BUILDING A CULTURE OF VOLUNTEERISM AND SERVICE IN ULSTER COUNTY

Why UlsterCorps? In early 2009, a small group of committed volunteers launched UlsterCorps to bring other volunteers together with organizations in Ulster County that rely on their help. Since its inception UlsterCorps has connected thousands of people with dozens of Ulster County agencies that provide food, clothing, shelter, emergency services, literacy training, child and elder care, animal welfare, and more to the area's most vulnerable residents.

UlsterCorps has become a vital, collaboration-building resource for nonprofit agencies, civic and religious organizations, businesses, schools, government and volunteers of all ages.



Volunteerism is central to sustaining healthy, resilient communities, and UlsterCorps volunteers offer diverse talents, availability, interests, and abilities. Visit www.UlsterCorps.org, where you can choose from a wide range of opportunities to serve the needs of others, from one-time events to ongoing commitments that meet your skills, your interests, and your time availability. Register online for e-newsletters and Action Alerts of timely events in need of community support.

Nonprofit agencies and other engaged groups can find information about collaborative initiatives on our website.



SINCE 2009, ULSTERCORPS VOLUNTEERS HAVE:

- Harvested and delivered over 1,185,000lbs of fresh fruit and vegetables to local food pantries and soup kitchens, in collaboration with RVGA, Family and the Bruderhof;
- Collected and distributed new or gently used coats, suits, hats, mittens, holiday gifts and other agency wish list items for those in need in our community;
- Hosted an annual Service Summit for representatives from nonprofit, business, higher education, and government to address current issues and volunteerism in Ulster County;
- Matched thousands of volunteers with service opportunities during National Days of Service, in honor of Martin Luther King, Jr., and throughout the year;
- Created and maintains an Online Directory of 100+ agencies and their needs so volunteers can easily learn about available opportunities and how to connect with them;
- Worked with students of all ages to assist them in career development and increased civic engagement through student associate board membership and youth service days.



To learn more or to volunteer, please visit www.ulstercorps.org or contact volunteer@ulstercorps.org



JOIN THE ULSTERCORPS SERVICE TEAMS

The UlsterCorps U-TEAM is an active and vital community of volunteers who are interested and able to respond quickly to short-term, and often immediate, community needs, urgent events and projects.

The GLEAN TEAM provides one-day opportunities to harvest and distribute fresh produce donated by local farm to our community's food pantries and meal programs. If you are committed to making a difference, we will make volunteering easy by setting up all the details in advance. All you have to do is show up!



COMMUNITY COLLABORATIONS

UlsterCorps also initiates and supports creative collaborations that seek to educate, inspire, and develop solutions to some of the challenges facing our community including:

- The Farm to Food Pantry Collaborative, a network of local farms, food pantries and non-profits working together to utilize local resources more effectively and increase communications among agencies critical to alleviating hunger;
- MLK Day Celebration of Service, an annual event honoring volunteers from local non-profits for all they do to make this community flourish;
- Arts for Ulster, a collaborative group art exhibit and auction which raised funds and awareness for over 50 non-profits in Ulster County;
- Generation to Generation, interviewing and recording the memories, stories, and histories of over 80 seniors (and growing) from around the county.